



THE PEACEFUL DRAGON

Newsletter

DECEMBER 2004



SPECIAL ANNOUNCEMENTS

Scholarship Fund to Honor Robert Duzy



Sadly we announce the passing of Robert "Bob" Duzy, who along with his wife Edythe had been a long-time tai chi student and friend here at The Peaceful Dragon. He died November 13th and memorial services were held November 17th in Clover, S.C. which Sifu and Debra Sbarge were able to attend.

We were touched to learn from Edythe that Bob had requested that in lieu of flowers, memorials should be made to The Peaceful Dragon Scholarship Fund. This is a fund that we at The Peaceful Dragon had discussed starting recently as a way to help those who are financially unable to afford classes here but who could benefit from our classes. We are honored that Bob's wishes helped us to kick-start the creation of the scholarship fund, and with Edith's permission we have decided to make it a permanent fund to be called the "Robert and Edythe Duzy Scholarship Fund."

We will always remember Bob for his good cheer and many contributions to The Peaceful Dragon. He and Edythe worked tirelessly on the construction of our original center in Pineville – see pictures on last page – and both showed by example that age need never be a barrier to continuing to live and enjoy a full life. Bob is survived by Edythe of course, as well as three children and four grandchildren. A sympathy card for Edythe is available to sign at the front counter for all who knew the Duzy's.

WORKSHOPS AND EVENTS

Why CHOOSE TEA

Did you know that the organic loose-leaf teas sold at *THE PEACEFUL DRAGON* are from the fine tea plantations of the world? Why is preparation important to the enjoyment of high quality tea? What are the health and medicinal benefits of tea now corroborated by scientists? How do the right

accessories enhance the presentation and enjoyment of tea? **Come to the FREE tea tasting and lecture Saturday, December 4 at 7pm.** Peaceful Dragon staff will answer these questions

as you sample green, oolong, white and black teas. **For everyone who attends this lecture, all of our teas, tea pots and accessories will be on sale at 20% off the regular price.** With the holidays around the corner, here's a chance to learn about the benefits of tea *and* get those early gifts!

OPEN FORUM

Wednesday, **December 1 at 8pm** is our annual **open forum**. Sifu will chair the discussion but leaves the floor open for students to discuss any and all topics relevant to the arts we practice at *THE PEACEFUL DRAGON*. As we approach year end, this is a good opportunity to look back, to reflect, and to look forward as well. Begin thinking now about what you might like to discuss. Past discussions have included lineage and the future of the school.

NEW YEARS DINNER

Again this year *THE PEACEFUL DRAGON* presents a celebratory dinner put together by Chef Geoff. The dinner is \$35 per person for students, \$45 per person for the public, with a complimentary glass of champagne. Tax and gratuity not included. Reservations required for both seatings, 6:30 and 8:30pm.

WHAT'S UP

Holiday Schedule

THE PEACEFUL DRAGON will close for Christmas at 2:30pm Friday, Dec. 24th and re-open Tuesday, Dec. 28.

THE PEACEFUL DRAGON will be closed for classes Friday, December 31, open only that evening for the New Year Banquet, and then re-open Tuesday, Jan. 4.

2004 CACMA FALL TOURNAMENT RESULTS FAVOR PD STUDENTS

Chris Polizzi

Third Place – Beginner Sparring

David Pankey

Second Place – Tai Chi Push Hands (limited step)

Third Place – Tai Chi Push Hands (free stepping)

David Block

Second Place – Advanced Tai Chi Solo Form

First Place – Advanced Tai Chi Weapon Form

Second Place – Adult 35 yrs+ Advance Shaolin

Open Hand Form

Carrie Chun

First Place – Teen Adv. Shaolin Open Hand Form

First Place – Teen Adv Shaolin Weapon Form

Second Place – Adult Women Sparring

George Lu

First Place – Xing Yi Form

First Place – Advanced Tai Chi Solo Form

Third Place – Advanced Tai Chi Weapon Form

First Place – Tai Chi Push Hands (limited step)

First Place – Tai Chi Push Hands (free stepping)

Second Place – Adult Adv Shaolin Open Hand Form

First Place – Adult Advanced Shaolin Weapon Form

First Place – Adult Advanced Sparring

Holiday Sale

Students only, Saturday, December 4, all gift items except books and CDs will be available at 20% off. Shop early, benefit yourself and your school.

YOUNG DRAGONS



Next Testing is Saturday, December 11, 1:45pm.

Parents Night Out, Friday, December 3, 6:30 – 10pm.

Young Dragons Parent Advisory Meeting

Thursday, Dec. 16, 5:30pm in the Tea Room. All parents are encouraged to attend. Topics to be covered include: Improvements for next year in our curriculum, methods we'll be using to enhance self-discipline and motivation among all Young Dragons, improvements in our Testing procedures, introduction of classes for 3-4 year olds, setting dates for special "Parent and Child" classes (don't be afraid – your child can help you!), and more. Your input is valuable and we hope you can make it. If not, we will try to send minutes of the meeting to all parents.

DRAGON CLASSIFIEDS

Save on Quality Martial Arts Supplies and Weapons

Get 10% off retail for high quality martial arts supplies direct from Martial Arts Mart and waive the shipping and handling fees. Many items are on display for you to try sizes and styles, and any item can be ordered from their extensive catalog.

Fill out one of the Order Forms at the display area near the restroom and give it to our staff along with a 50% deposit at our front service counter. Orders will be placed the first of each month and merchandise will usually arrive within one week and be ready for you to pick up.

NOW brand Vitamins, Herbs & Food Supplements a Bargain!

Save 20% off retail for these top quality products. Carefully researched and chosen by Debra and Sifu, these products are an exceptional benefit for students and invaluable to combat stress and enhance overall health. Orders are placed the first of each month and are generally ready for pickup in a week or so.

ON THE DRAGON PATH



Bob gave hours of his time helping to build the original Peaceful Dragon.

Always positive, Bob represented the best that students can offer through their training, and was a great example for us all.



PATHWAYS



Now and At The Hour of Birth

By Michael Ballantyne

You, in each remembered glance have seen enstomed
Your universe, a high horse unshod riding,
Bloom fracture
Fade bestow a fertile-fingered crescent
Glowing above (forever) tiny unwatched watch-like movements.

Country-night sounds commuting swiftly to their shift in
Your inner ear and other levels laced with language
You have put there like wages if they make it home
On the whistling widespread airslip, will talk to you directly
As you dream, as you dream.

Unbesmirchable figurine, what earth-haired heiress reprises
you as, looking
From the whispering billowing skyline's edge on which you step
(Surely) your eyes stare like stars or they are in your eyes?
Or from the horse there seems to spring a delicate reseau,
a pale corona
Dawing on the grand and fleeting arms-flung-wide of you.



Warm Wishes for the Holidays from *THE PEACEFUL DRAGON* Staff. Continue to practice hard. Celebrate responsibly. Share your good fortune with others.